

Holly M. Hill, MA, AT, ATC

Hhill@albion.edu, 269-778-7024, Kalamazoo, MI

Education

Western Michigan University Kalamazoo, MI

Master of Arts

Major: Athletic Training, emphasis in Sports Management

Thesis: "Comparisons of Cubed Ice, Crushed Ice, and Wetted Ice on Intramuscular and Surface Temperature Changes."

Hope College Holland, MI

Bachelor of Arts, Magna Cum Laude

Major: Athletic Training

Professional Experience

Albion College Department of Kinesiology Albion, MI

Technical Lecturer, Fall 2023- Present

Staff Lecturer, Fall 2020- Spring 2023

Visiting Instructor in Kinesiology, August 2014 – Spring 2020

Taught courses in the CAATE accredited athletic training program that was discontinued Spring 2019. I continue to use my skills as an educator and clinician to prepare exercise science majors for professional schools and careers in the field of Kinesiology. Current focus is on orthopedic clinical skills based courses and gross anatomy with cadaver lab.

Teaching Experience: 2014 – present {current courses in bold}

First and Second Year Seminars

LA 101: First Year Seminar "Grey's Anatomy and Ethics" (Fall 2018, 2019, 2020)

LA 112: Albion Culture, first year seminar for transfer students (Fall 2020)

Athletic Training Curriculum

KIN 194: Introduction to clinical Labs in Athletic training, (Spring 2015 & 2016)

KIN 353: Administration in Athletic Training (Fall 2014-2017)

KIN 401: Senior Seminar in Athletic Training (Fall 2014-2018)

KIN 453: General Medical Conditions in Athletic Training (Spring 2015-2018)

KIN 290, 295, 390, 395: Athletic Training Clinical Lab Courses (varying semesters)

Exercise Science Curriculum

KIN 206 & 213: Care and prevention of athletic injury (Fall 2014-Fall 2022)

Filled ethnicity mode with a focus on cultural competence in health care.

KIN 230: Human Systems Anatomy (Fall 2023- Present)

KIN 233L: Gross Anatomy Cadaver Lab (Spring 2017, Spring 2020- present)

Manage 4 teacher's assistants, dissection and care of cadavers, managing

cadaver laboratory

KIN 233: Gross Anatomy (Spring 2019 - present)

KIN 313: Cadaver Dissection (Fall 2023)

KIN 350: The Essentials of Strength and Conditioning (Spring 2021)

KIN 360: Musculoskeletal Assessment (Fall 2021)

Advising and Mentoring Experience:

- Voted Faculty Liaison for Women's Basketball team for 2016 season.
- Began advising Exercise Science majors as well as First year students Spring 2016. Current number of advisees 35, majority of these students going into healthcare professions.

Service to College:

- First year seminar task force (Spring 2019 – present)

Bronson Sports Medicine Specialists, Kalamazoo MI

Certified Athletic Trainer II November 2022- July 2023

Worked as a certified athletic trainer in the same day clinic for bronson sports medicine. I worked with orthopedic surgeons, sports medicine doctors, and PAs daily in the clinic to provide care to patients experiencing acute orthopedic injuries. This time at Bronson allowed me to further develop my clinical skills as an AT and learn how the field of sports medicine has evolved while I was in the classroom.

Consumers Energy, Kalamazoo, MI

Athletic Trainer and Early Intervention Specialist April 2011- July 2014

As an industrial athletic trainer, I was contracted through both Occupational Athletics Inc, and since January 2014 ATI Worksite Solutions for a local utility company. Achieved CEIS certification, indicating certified early intervention specialist earned through ATI. I provided onsite injury prevention, evaluation, and treatment, ergonomic workspace and jobsite assessments. Other responsibilities included educating employees on topics including health, wellness, injury prevention, safety, and lifestyle coaching.

Palm Beach Atlantic University, West Palm Beach, FL

Assistant Athletic Trainer July 2007- April 2011

Primary ATC responsible for Division II NCAA Women's Soccer, Men and Women's XC, Men's Basketball (2007-2009), Women's Basketball (2009-2011), & Softball, while also assisting with the other 5 varsity sports as needed. Responsibilities with each team included providing medical coverage at practices and home events, while also hosting many NCAA tournaments, coordinating regular drug testing, as well as filing and maintaining insurance paperwork with the NCAA Insurance Program as form of secondary insurance. Proficient in SIMS (sports injury monitoring system) software.

Adjunct Professor Teaching Experience August 2007-April 2011

Preceptor for athletic training students and adjunct professor for the Athletic Training Education Program teaching the following courses:

- ATR 1001: Principles in Athletic Training
- ATR 2013: Introduction to Athletic Training
- ATR 4021: Athletic Training Field Experience
- ATR 3202,3212: Clinical Education II & III.

Portage Central High School, Portage, MI

Certified Athletic Trainer August 2005- June 2007

Served as the only ATC for 16 freshman-varsity team sports. Additional responsibilities included travel to away Football and varsity basketball games, as well as providing coverage for multiple weekend volleyball and wrestling tournaments that PCHS hosted.

Certifications & Licensure

Certificate in Effective Instruction {ACUE}

Awarded by the Association of College and University Educators, April 2019. This certificate signifies my completion of a 25-module course in effective teaching practices requiring the implementation of evidence based instructional approaches. The credential is co-issued by the American Council on Education and distinguishes faculty for their commitment to educational excellence and student success.

Certified Early Intervention Specialist {CEIS}

Awarded by ATI Worksite Solutions, 2014. Certification issued by ATI worksite solutions for the completion of their training on recognition, risk assessment, prevention, and intervention of musculoskeletal and acute traumatic injuries that can occur in the industrial setting.

Certified & Licensed Athletic Trainer {AT, ATC}

- BOC: 080502059, 2005- Current
- Licensed Athletic Trainer State of MI: 2601000850, 2010 - Current
- NPI #1013066539
- Red Cross CPR for the professional rescuer, 2000 - Current

Professional Memberships & Committees

- Co-Chair of MATS Professional Educational Committee, elected August 2018-present
- Member MATS Professional Educational Committee, Fall 2013- present
- Albion College First Year Seminar Task force, Fall 2019- Spring 2022
- Member in good standing:
 - o National Athletic Trainers' Association (NATA)
 - o Member Great Lakes Athletic Trainers' Association (GLATA)
 - o Member Michigan Athletic Trainers' Society (MATS)

Professional Continuing Education, Workshops, & Meetings (10 years only):

2024:

- June MATS Annual Clinical Symposium, Lansing MI (6 CEU)
- MATS workshop on sign language and the AT (2 CEU)

2023:

- June: MATS Annual Clinical Symposium & workshop, Lansing MI (CEU)
- Variety of online resources to obtain remaining CEU needed, including GSSI and Andrew's Institute sports medicine lecture series

2022:

- June: MATS Annual Clinical Symposium and IV workshop, Lansing MI (8 CEU)
- 2021:
- November: NATA online courses (10 CEU)
 - June: VNATA, virtual meeting (24 CEU)
- 2020:
- November: Human Anatomy and Physiology Society (HAPS) Eastern Regional Meeting, Virtual Meeting {co-presenter of workshop}
- 2019:
- November: Midwest ACSM, Chicago IL
 - June: MATS Annual Clinical Symposium and suturing workshop, Lansing, MI
 - April: Completed ACUE Course and awarded Certificate in Effective Instruction
 - February: Annual Conference on the First Year Experience, Las Vegas, NV
- 2018:
- November: MATS Leadership Training Workshop, Grandville, MI
 - October: MATS Student Symposium, Grandville, MI
 - July: Gross Dissections and Kinesiology of the Lower Extremity, Marquette University
 - June: MATS Annual Clinical Symposium, Lansing, MI
- 2017:
- October: MATS student symposium, Grandville, MI
 - July: Gross Dissections and Kinesiology of the Upper Extremity, Marquette University
 - June: MATS Annual Clinical Symposium, Ypsilanti, MI
 - January: ERACCE – Systemic Racism 2.5 day workshop, Albion College
- 2016:
- October: MATS student symposium, Lansing, MI
 - June: NATA Clinical Symposium, Baltimore, MD
 - June: MATS Annual Clinical Symposium, Ypsilanti, MI
 - January: ERACCE- Cultural Competency workshop, Albion College
- 2015:
- March: NATA Athletic Training Educators Conference, Dallas, TX
- 2014:
- June: MATS Annual Clinical Symposium, Ypsilanti, MI (Presenter)
 - June: NATA Annual Clinical Symposium, Indianapolis, IN
 - October: MATS Student symposium, Grandville, MI (Presenter)

Presentations & Workshops

Human Anatomy and Physiology Society's Eastern Regional Virtual Meeting, November 2020
 Co-presenter of workshop with Dr. Amy Gyorkos:
 "Active Learning in Uncharted Hyflex Waters: Lessons from a Gross Anatomy Course"

MATS Annual Meeting, June 2014
 "An Ergonomic Approach to Injury Prevention and Risk Assessment"

MATS Student Symposium, October 2013
 "A roundtable with professionals in different work settings"

MATS Annual Meeting & NATA Convention, June 2007
 "Comparisons of Cubed Ice, Crushed Ice, and Wetted Ice on Intramuscular and Surface Temperature Changes." A review of thesis findings.

Thesis Publication

Dykstra HJ, **Hill HM**, Miller MG, Cheatham CC, Michael TJ, & Baker RJ. Comparisons of Cubed Ice, Crushed Ice, and Wetted Ice on Intramuscular and Surface Temperature Changes. *Journal of Athletic Training*. 2009;44(2):136-141.

- Can be found at: <http://www.nata.org/jat/readers/archives/44.2/attr-44-02-136.pdf>