

February 19th, 2011 9am-4pm



ALBION COLLEGE BASEBALL 4th ANNUAL COACHING CLINIC

Albion College Baseball will conduct its 4th annual baseball clinic designed to teach the fundamentals and drills that have helped Albion become the winningest program in the MIAA. The Coaching Staff, along with guest speakers will conduct the clinic presentations. The clinic will take a comprehensive look at the fundamentals of the game, along with drill work to improve your players in every facet of the game. We are excited about changing the format slightly and will have the afternoon take place in the indoor facility. We will be showing hands on several of the drills and techniques that we teach daily during practice. It will give you an up close and personal look at the different drills that we incorporate. Albion College Baseball players will be run through the drills that they would be working on daily in practice. You will have the opportunity to ask questions and see them first hand.

The lectures will vary from the past year, so it will not be a waste of time if you have attended in the past. Each person who attends will receive a note packet with complete outlines from each presenter and a list of corresponding drills. Several other handouts will also be provided including team defensive sheets, sample practice plans, and workouts that can be done with your players. Each participant will also receive a free lunch held on campus. This clinic is designed for anyone looking to improve their knowledge of the game. Coaches from every level are welcomed as well as players; however this is not a hands on clinic. There will be no drill work for the players. The price for the clinic is \$45 which includes lunch. If you want to know more about the game of baseball this clinic is for you! A group discount is available for an organization that brings more then 4 participants. We hope to see you on the 19th of February.

Tentative Agenda

AFTERNOON SESSION IN INDOOR FACILITY

8:15 Registration Begins
9:00 Greeting and Introduction
9:10 Building Better Catchers
10:00 Baserunning: The Difference Maker
10:45 Hitting the Albion Way
11:45 Q & A/Introduction to afternoon session
12:00 Lunch

1:00 Individual Defense Drills
-INF and OF Techniques and Drills
1:45 Team Defensive Drills
-Daily Drills to Work on All Phases of Defense
2:30 Teaching Pitching Mechanics Through Drills
-Create Pitchers not Robots
3:00 Offensive/Baserunning Drills
4:00 Closing Remarks/Conclusion of Day

School or Organization _____ # of people attending _____

Names _____

City _____ State _____ Zip _____

E-mail _____ I will pay at the door _____ I have include a check for \$ _____

Checks can be made payable to Scott Carden Please put Coaches Clinic in Memo Line

*Group rate available for 4 or more coaches...Call 517/629-0517 for more details

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